

# January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Program Closed</b> <b>New Years Day</b>	<b>3</b> Balsamic Chicken Breast, Spinach, Parsley Round Potatoes, Roll & <b>Apple</b>	<b>4</b> Roast Beef, Mashed Potatoes, Italian Salad, Roll, Oatmeal Cookie & <b>Strawberries w/ Whip Topping</b> <b>New Years Party</b>	<b>5</b> Macaroni & Cheese, Zucchini & Tomatoes, Chickpea Salad, Roll & <b>Diced Peaches</b>	<b>6</b> Breaded Fish Sandwich, Cauliflower w/ Cheese, Pickled Beets w/ Onions & <b>Tropical Fruit</b>
<b>9</b> Cheese Omelet, Parsley Round Potatoes, Apple Juice, Fruit Muffin & <b>Apricots</b>	<b>10</b> Sloppy Joe Sandwich, Baked Beans, Coleslaw & <b>Blueberries w/ Whip Topping</b>	<b>11</b> Orange Chicken Breast, O'Brien Potatoes, Cucumber, Onion, Tomato Salad, Roll & <b>Apple</b>	<b>12</b> Beef Stroganoff over Egg Noodles, Garden Salad, California Blend Vegetables, Bread & <b>Pear</b>	<b>13</b> Oven Baked Chicken, Collard Greens, Cauliflower w/Cheese, Biscuit, Sugar Cookie & <b>Cinnamon Applesauce</b>
<b>16</b> <b>Program Closed</b> <b>Martin Luther King Jr Day</b>	<b>17</b> Stir-Fry Beef w/Peas over Rice, Oriental Vegetables, Bread & <b>Tropical Fruit</b>	<b>18</b> Baked Ham, Whipped Sweet Potatoes, Spinach Salad, Roll & <b>Blueberries w/ Whip Topping</b>	<b>19</b> Chicken Salad on Croissant, Pasta Salad w/ Vegetables, <b>Minestrone Soup &amp; Apple</b>	<b>20</b> Beef Sauce over Rotini Noodles, Italian Garden Salad, Green Beans, Bread & <b>Banana</b>
<b>23</b> Potato Crunch Pollock w/ Rice, Spinach, Carrot Coins, Roll & <b>Tropical Fruit</b>	<b>24</b> Teriyaki Chicken Breast, Green Beans, Cucumber, Onion, Tomato Salad, Roll & <b>Apricots</b>	<b>25</b> Stuffed Pepper, Garden Salad, Garlic Mashed Potatoes, Roll & <b>Strawberries w/ Whip Topping</b> <b>Birthday Party</b>	<b>26</b> Tuna Salad on Croissant, Pasta Salad w/ Vegetables, <b>Broccoli Cheese Soup &amp; Apple</b>	<b>27</b> Swedish Meatballs over Egg Noodles, Corn, Bean Salad, Bread & <b>Mandarin Oranges</b>
<b>30</b> Beef Pepper Patty, Cauliflower w/Cheese, Zucchini & Tomatoes, Roll & <b>Diced Peaches</b>	<b>31</b> Chicken Fettuccine, Green Beans, Garden Salad, Italian Bread & <b>Mixed Berries w/Whip Topping</b>	 		